

Summer 2018  
Book Resource:  
*Living The Life You Love*  
By Joyce Meyer

**Session 2**

As we jump into session 2, let's prepare our hearts and mind to receive the nudging for any changes or attitude adjustments we need to make in our lives.

We will be teaming up with the \_\_\_\_\_ to led us into God's Divine plan for our lives. Therein lies our \_\_\_\_\_ and Joy.

We CAN enjoy our Best Live NOW! Let's read on and find out how.

**Chapter 3- Refuse to Let Fear Determine Your Destiny**

- You can't love your life until you decide to be a strong, confident, and courageous person.

List something or an event that you fear. Imagine this. How will your life change when you walk in faith instead of fear in that situation? (page 29-30)

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- Personalize it!

Rewrite Isaiah 41:10

*So do not fear, for I am with you;  
do not be dismayed, for I am your God.  
I will strengthen you and help you;  
I will uphold you with my righteous right*

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## Chapter 4- The Power of Grace

Ephesians 2:8-9

*It is by grace you have been saved, through faith- and this is not from yourselves, it is the gift of God- not by works, so that no one can boast (NIV).*

\_\_\_\_\_ is the power of God that enables us to do with ease what we could never do on our own. Give an example of when “grace” showed up in your life.

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“Imagine God’s heart when He sees His children struggling with a situation in their life when all they have to do is ask.

Go ahead. Give God you toughest, most bothersome and fearful situation. His grace will see you through. Expect it. Believe it. Then walk in it.

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Chapter 5: Don’t Poison the Present With the Past.

*“For I know the plans and thoughts that I have for you”, says Lord, “plans for peace and well-being and not for disaster to give you a future and a hope”.*  
Jer. 29:11

Personalize it! (Ex.) God has plans for me.....

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Be honest with yourself, self-inspect and see if you need to root any poison out. If you can think of one, pray the prayer on page 50.

## Chapter 6: Count Your Blessings

Let's jump right in and list some things we are blessed with.

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How can you share that blessing with others this week. Start Today!

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### **Next Session we will be discussing:**

Chapter 15- Be the You God Created YOU to be

Read what you can. If you fall behind, still tune in. You can catch up later. You don't want to miss the opportunity to get inspired with the discussions.

Chat with you soon.